

WOMAN'S CLUB OF ARROYO GRANDE BULLETIN



FUN, FRIENDS AND COMMUNITY SERVICE

womansclubofarroyogrande.com

October, 2019



President's Message

Hello, Everyone!



October is coming with autumn in the air. Kids are back in school and the weather has turned into our marvelous autumn days. Aren't we the smart ones to live on the Central Coast of California!

By the time you read this, the Harvest Festival will be past and we will have participated in the Parade and held our first fund-raiser, Cookie Decorating. Plans have started for our second one—the Artisan Faire. Moe Boyd has organized the Cafe Committee and added some new items to the menu this year, and Elisabeth says the vendors are signing up to participate in our 13th Annual Artisan Faire.

We had our first "Animal Dressing" and we have a whole batch of animals to deliver to different locations. If you think of a place that could use our animals please give me a call. I really need my spare room back.

I am looking forward to all the exciting and wonderful activities that we have scheduled this year. I hope you are, too. Our club has such a good reputation in the community and it is up to all of us to continue the good works we do.

See you in October for Black Cats and Witches Hats!

Smiles and Hugs, Toni



Stop in for a spell...Friday, October 11, 2019 @ noon



Laura Vopatek & Gloria Haas, along with the ghouls on their committee, are brewing up some fun for all of you boo-tiful ladies. So, get into the spirit and have some fun by wearing Halloween costumes (if you'd like). They are hoping that we can have a spooktacular time, but that could be witchful thinking on their part. Our caterers plan to prepare pulled pork on small brioche buns, corn nibblers, pineapple coleslaw, and peach and berry cobblers. Bone appetit!

Sofia McHugh will introduce us to Lisa Majors who is a registered Crisis Chaplain. She has completed studies in advanced credentialed clinical psychology at Concordia University. She is coordinator for *Mending the Souls* for SLO County. She is founder and President of *Resilient Souls*. She has worked in the recovery of abuse and trauma for the past 10 years. She is also an awarded and accomplished professional artist using these talents to foster healing. Lisa's personal experience as a trafficking victim gave her a calling to help to empower and equip victims to reach their full potential.

Please call Gretchen Weckstein (805-473-1366) for reservations, and if you plan to partake in the lunch, please send her your check for \$14, made out to Woman's Club of Arroyo Grande, by October 7th.



Ways & Means

A huge "THANK YOU" to all of you who volunteered to take part in the Decorate Your Cookie Booth at the Harvest Festival. I will have a full report at the October meeting.

Vendors are sending in applications for the Artisan's Faire which takes place on November 16th. At the October meeting, please be ready to help place posters and sell raffle tickets for the featured raffle prize.

Rose Scalzo has generously volunteered to take charge of the "pop-up" jewelry sales at both Bingos (January and March). If you have jewelry to donate, please call Rose at 805-474-9917.

Fifty members responded to the survey that was passed out at the September meeting. The survey asks specifically about how you can help with our fund raisers. There are 40 members who still need to fill out their surveys and return them to me. It appears that enough people expressed an interest in working at a polling booth that we may be able to take charge of two precincts in March 2020. Our club could make \$1000 in one day, if this happens.

If you have questions or thoughts about improving our fundraising, please call Elisabeth Koch-Murray at 831-595-6507.



Welcome to our new members who were introduced to us at the September meeting. Each member was given some lovely yellow roses. Top row, left to right, Pat Holt, Liz Doehring, Marjorie Ott, our newlywed Jacklynn Andress, and below left is Michelle Ewing. We are so glad you joined us!

Right, Charlie Hanna was quite lovely in her t-shirt and silver full length skirt with boot, slipper, and diamond tiara



Above, Barbara Schieffer and Toni Kelly in their mismatched ensembles.

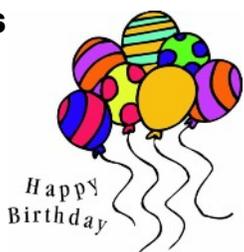


50+ EXPO Health & Lifestyle Fair

Wednesday, October 9th, 9 a.m. to 1 p.m. at the South County Regional Center, 800 W. Branch St. Arroyo Grande. They offer free seasonal flu shots, free health screenings, giveaway items, raffles, and snacks. Breakfast burritos will be provided by the 5-Cities Men's Club. For more information, call South County Chambers of Commerce at 805-489-1488.

October Birthdays

Arlene Rowan	3
Tacy Lee	4
Toni Kelly	6
Elizabeth Lajcak	16
Alice Witt	20
Sherry Headington	23
Sara Needham	25



Attention to the women on the November committee: Please plan to stay after the October meeting for just a few minutes...thank you.

At our first meeting of the year, September 13th, we had 53 members and 1 guest in attendance. Thank you to all of the Board members and Special and Standing Committee members who brought all of the delightful finger foods. Valerie Kates gave us a lovely inspiration about a little boy throwing starfish back into the water along the shore so that they would survive. She thought that this Club helps to do the same thing for its members. Anita McCort introduced 5 new members, as she was busy during the summer months! Copies of this year's proposed budget were placed on the tables to peruse. Pat Schiller, our treasurer, asked for approval from the membership...so approved. Toni called all of the August / September birthday girls to go up to the stage for the rest of us to sing Happy Birthday to them. Toni is asking for any members who would like to volunteer to join the sewing bee to get the Animals In Arms ready for this years distribution. Congratulations to members Sandy Ferris and Laura Vopatek in winning the Opportunity Drawing! They each took home \$36, and the Club kept \$72.



Left, Valerie Kates giving us inspiration

Below, left to right, Pat Holt, Marjorie Ott, Jacklynn Andress, Michelle Ewing, and Liz Doehring, our newest members! Welcome Ladies!!



Sandy Ferris and Laura Vopatek receive their winnings from Ellen Bavaro



Barbara Wright's guest was her sister-in-law...welcome!



Pianist, Dennis Eiler played some beautiful tunes for us.



The Mis-matched September committee is our Board of Directors...co-chairs Gayle Quain & Charlie Hanna, with Barbara Wright, Anita McCort, Karen Lujan, Elisabeth Koch-Murray, Sofia McHugh, Marlene Starr, and Pat Schiller. Thank you, ladies, it was a lot of fun!

WOMAN'S CLUB OF ARROYO GRANDE
P.O. BOX 313
ARROYO GRANDE, CA. 93421

Return service requested

October 2019



CLUB GROUPS

Art	Laura Vopatek	570-1807
	<i>Mondays at 10:00 a.m. - 2 p.m. Brown bag lunch</i>	
Canasta	Jean Schultz	760-703-2508
	<i>Third Wednesday at 11:00 a.m.</i>	
Canasta	Gretchen Weckstein	473-1366
	<i>Fourth Wednesday at 11:00 a.m.</i>	
Canasta	Sherry Headington	489-0843
	<i>Fourth Monday at 10:30 a.m.</i>	
Crafts	Karen Lujan	489-2895
	<i>3rd and 4th Wednesday at 9:30 a.m.</i>	
Mexican Train	Karen Thomas	473-0303
	<i>3rd Friday, call for details</i>	

INTRODUCING SOMATICS WORKSHOP

Somatic Education is a neuromuscular therapy that reduces tension and pain in your muscles, increases mobility in your joints and is a great stress reliever. You will learn what Sensory Motor Amnesia is and how it causes most chronic muscular pain, better insight into ways to improve your posture, and gentle exercises to release chronically tight muscles. You will learn sequences of Somatic movements that you can do at home to reduce muscle tension and pain, and increase the quality of life. Register at www.arroyogrande.org/catalog. Mondays, October 7 – 28 from 1:45 – 2:45 p.m. at the Woman's Club

SUNSHINE

Our good thoughts go out to our members who need a little sunshine

Ginnie Howells,
Deane Reynolds & husband, Ray,
Sherry Headington's husband, Chuck
Freddie Newman's husband, Bob
Michele Walker's husband, Dan
and
Suzy Amderson, with the loss of her
brother

COFFEE & CANVAS

Add some color to your morning by joining us for our first-ever daytime paint party. We provide the coffee, tea, morning breakfast and a fun atmosphere! You will get step-by-step instructions with our experienced and enthusiastic local artist, Amy Wicks! You will paint a beautiful, colorful Fall foliage painting that will be a great addition to your home or a beautiful holiday gift! Come have a great time with us. Register at www.arroyogrande.org/catalog. Thursdays, October 17 from 9:00 – 11:30 a.m. at the Mark M. Millis Community Center